



## Message from the President

Bob Rogers



It's okay, you can put away the pitch forks and torches and call off the protest, I'm leaving to be replaced by a newer improved model.

It's been an interesting six years looking after our club. I've had experiences in some things I didn't know would come up. Septic fields, landslides, mud boggies wreaking havoc, government red tape, and writing newsletter blurbs all caused distress.

The members seem to be enjoying our facilities without too many complaints. Like every organization, we have 10% that run the place and 90% that are content to just come out to ski and snowshoe. Of those, there's another 1% that are happy to complain about the colour of the snow.

Looking back, while trying to manage our finances and keep membership dues down, we've made a few acquisitions during my run. We bought a (new to us ) Pisten Bully, a wide track Skidoo, Ginzu groomer, diesel Kubota with winter tracks, replacement dual walled fuel tank , 1500 gal. cistern to keep toilets operating, new efficient wood stove, and many lighting improvements.

All this was made possible by the dedicated board of directors, chalet staff, and volunteers that did all the work. A big thanks goes out to all of them.

This past year we had a record membership and I leave Telemark Nordic as the fifth largest

club in Canada. All our programs have expanded and are doing well as you will read about in other reports. We had no serious injuries last season and our finances are in good shape.



We have expanded our lease area to provide a K9 snowshoe trail and a classic K9 ski loop. I just hope that the feline, equine and bovine people don't ask for equal trails. It will be interesting to see if this increases our membership numbers.

I look forward to getting out to do a little more personal skiing this season while still teaching with our schools program. Now, who do I have to talk to about the colour of the snow?

Have a great season everyone!  
Bob Rogers



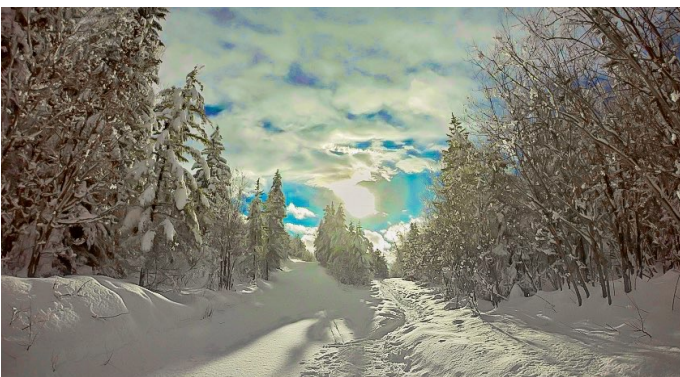
Welcome back everyone! The 2016-2017 season was very successful in many ways. A record was set for club memberships and all the teams and programs grew in numbers. We are the fastest growing Nordic Ski Club in Canada. There were approximately 30,000 day and night users last season. The best thing is you can always find your own quiet space, and the trails are never crowded.

Last season Telemark achieved thirty-six of thirty-seven goals that were set at the beginning of the season in order to measure the club's success. Because of strong financial results, once



This year the website will display real-time weather information, stadium pictures and past weather reports. Watch [www.telemarknordic.com](http://www.telemarknordic.com) for the best conditions information. Donald Trump plans to update the ski and snowshoe trail condition information regularly during the day on Twitter at <https://twitter.com/TelemarkNordic?lang=en>. We encourage members to sign up on our twitter page and post your own trail reports for others to see.

Last year again saw growth on the X-C Racing Team, Biathlon Team, Jackrabbit Ski League, Local Schools Program, Special Olympics and Adult Lessons. We are extremely proud of all of our athletes but especially Canadian X-C Champion Gareth Williams, and Special Olympics World Champion Francis



again there will be no increases to our club memberships, pass or rental prices. THANK YOU! to the one hundred seventy volunteers, and many members, visitors, event participants, staff, sponsors, contractors and suppliers who made this happen. When people pull in the same direction there is unlimited potential.

We are working with AEL, the Glenrosa Road maintenance contractor, to improve parking lot grading and road clearing around the parking lot entrance at busy times. They are doing all they can to make the short drive to Telemark safe. With more attention from Scott Anderson, the parking lot was better organized last season. The new snow removing contractor is doing a great job and will be back. We are endeavoring to shorten the time it takes to get from the parking lot to the trails. Last season, for the first time ever, there were no break-ins in the parking lot. Continue to be diligent, and call 911, if you see criminal activity in the lot.

The club has a new web page with the added benefit of better functionality for people using smart phones. The most visited section of our website is the trail conditions page. Skiers and snowshoers want current, accurate information.



Stanley. There is a new Master's Program for intermediate and advanced mature athletes. See the website for more information. If you know someone who would like to participate in a program or on a team and cannot afford to, please give Ron Earle a call at 250 212-0704. *We do not want anyone to be left behind.*





This season we are fortunate to have all the team and program directors, and coaches returning to their positions. We appreciate that they improve lives by stepping up and spending many hours as volunteers for our non-profit sports club. There is a full list of club contacts at [www.telemarknordic.com](http://www.telemarknordic.com). It is unfortunate that Clive Gilbert, a long time member of Telemark's board of directors and builder of Telemark is moving on. Clive's ability to find middle ground on difficult issues was impressive. His hard work made a difference to many.

A three kilometer doggy snowshoe trail, and a three kilometer doggy classic only ski trail are opening this season. These new trails start at the entrance of the parking lot, on the other side of Glenrosa Road. We will review the new doggy trails as the season goes by, and make improvements as needed.

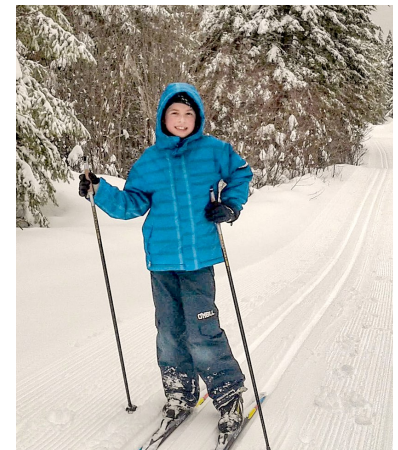


Snowshoeing has been a success story at Telemark. Every year there are more people of all ages participating in the accessible, healthy sport that fits well with nordic skiing. Last year saw a record number of snowshoe only memberships, and again set a record for snowshoe day pass and rental sales. Additional snowshoe and ski equipment has been added to the rental pool. There is a very strong possibility that the club will be starting / hosting an annual snowshoe race this season. Watch the website for more details.

Telemark added modern grooming

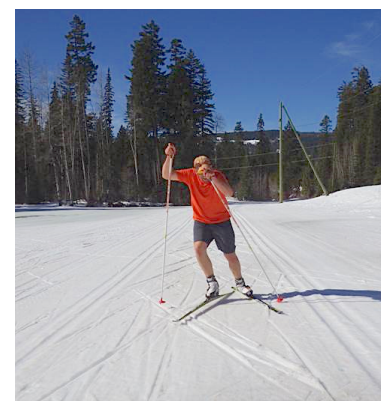
machinery over the past few years. Savings are being put aside for groomer machine replacement when required. A new *Lone Worker System* has been developed and installed by club technical guru Barry Allen. This system makes it safer for staff and volunteers who are working on our trails and in the chalet. Phil and his experienced team are doing all they can to provide top notch trail grooming. We are in very good shape in this regard.

Last year all events were profitable, as we focused on keeping the ski and snowshoe trails open during events for those not participating in the events. Three major events are scheduled for this season. The 32<sup>nd</sup> Kelowna Apple Loppet will be Sunday, January 14<sup>th</sup>, the BC X-C Championships are February 16<sup>th</sup> to 18<sup>th</sup> and the BC Biathlon Cup competition will be March 3<sup>rd</sup> and 4<sup>th</sup>.



Telemark wants everyone to be safe. Please do not do anything that is unsafe. If you have concerns about safety give me a call at 250 212-0704.

In my eyes the best thing about Telemark is having watched twenty-five hundred different children and youth a year being involved in healthy activities that have the potential to improve their lives. For being involved with thousands and thousands of youth at Telemark over the last nine seasons and never having one youth being rude or doing things they shouldn't be doing. It is a testament to the good work the club is doing and great parenting. If we haven't met please stop by the chalet to say hello.





We are currently hard at work getting our trails in good shape for the winter. Over the last 2 years we added 7 new trails to the existing trail system. These trails all either connect, branch off of or loop off of one of 5 main trails. The new trails add distance and variety to help make your snowshoe outing more interesting.

I will be leading a group of interested snowshoers on a guided trip most Saturday mornings during the ski season. Most trips will be around 2 -3 hours and many will explore some of our newer trails high up near our current Crystal Mountain snowshoe trail. Send me an e-mail if you are interested in getting on the mailing list for trip details. ([larrykrar@hotmail.com](mailto:larrykrar@hotmail.com))

Also, I am looking for trail packing volunteers who could go out with 2 or 3 others and help pack down selected trails after a major snowfall (more than 6 inches). This helps to make what could be a hard slog somewhat easier and can encourage more snowshoers to get out after a big snowfall.

Finally, I would like to acknowledge all of the work that Rod Heater does for our club during the year - not only with trail maintenance but in many other areas. He is certainly one of our super volunteers that help to make our club what it is.

### **Telemark School Program – 2018 Instructors Needed!**

The Telemark school program is offered to schools in the Kelowna area during January and February. We welcome students from grades 4 through 12 to spend a day with us learning the basics of cross-country skiing and enjoying an adventure on our beginner trails. Most of the children that show up are in grades 4 through 6 and it is a wonderful experience for both students and instructors.

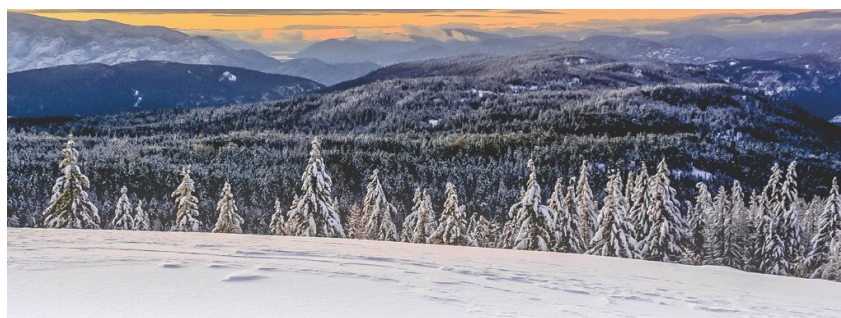
The early response to this year's school program has been overwhelming! We are fully

booked for January and February.

*To help with the students we are looking for retired or semi retired skiers who can help out one or two days per week. We will train you in the basics of our system and help you get started. You get some extra time on the trails and the joy of introducing youngsters to the fastest growing outdoor sport in Canada.*

If you are interested in helping out or have any questions please call John Scott at 250 681 5681.

Thank You





As we eagerly await the arrival of snow at Telemark, the Team Telemark Racers are having fun while training hard on the scenic trails and roads of the Central Okanagan.



Alessia, Jasmine and Kendra perform core strength exercises with Coach Tim Meyer in Okanagan Mountain Park

### Mission:

The primary mission of Team Telemark Racers is to incorporate cross country skiing as part of a healthy lifestyle—a sport for life! The program provides a FUN, supportive and structured environment that fosters the skill and development of Nordic skiers in preparation for competition. It achieves this by following Cross Country Canada's Long Term Athlete Development (LTAD) model. The LTAD matches age-appropriate training to the emotional and physical development of the athletes. The program also offers opportunities to develop leadership and team-building skills. For example, many athletes go on to coach and support the younger generation of skiers.



Team Telemark Racers at Haig Glacier training camp in the Rocky Mountains

### Values:

Fun, Adventure, Camaraderie, Integrity and Excellence

The Telemark Junior Race Team program is led by Head Coach Adam Elliot. Adam has the NCCP Level IV designation and is a highly



Team Telemark Racers, led by Coach Ross, dress up for the

respected coach on the national scene. In addition to making skiing FUN for all ages and abilities, Adam is the Head Coach for the BC Provincial Development Squad. Adam ensures that Team Telemark Racers follow the Long Term Athlete Development Model with plenty of emphasis on having fun while learning skills to prepare the racers for competition. The kids love Adam because he's a Big Kid at heart who loves a good Pirate Loppet!



## 2016-17 Season in Review

Last season, our Team Telemark Racers comprised 39 athletes supported by a team of 10 volunteer parent coaches and Head Coach, Adam Elliot. It takes a village to develop our young athletes.

2016-17 was one of our most successful years in terms of individual and team results. Notable accomplishments include:

- 2nd Place in Cross Country Canada's Most Improved Large Team category
- BC Championships (3rd place team)
- Gareth Williams placed 11th at World Junior Championships (best ever result for a BC skier) and was named to the Senior Men's National Team. A first for Telemark.
- Thomas Hardy qualified as an alternate for the U-23 World Championships and he competed for Team BC at several European

Tour events.

- Gareth Williams, Thomas Hardy, Alex McDonald, Tallon Noble, Hanna Mehain, Jenna Sim, Fran Vukovic and Cole Turner were named to the BC Ski Team
- Ben Shipley, Ian Williams, Connor Hobbs and Tristan Lee were named to the BC Development Team.
- Gregor Graham, Ian Meyer and Garret Siever were named to the BC Talent Squad
- Jasmine Filatow, Mori Mayer, Justin Siever, Fin Redman had top 3 placings at the Tech BC Cup

For more information about Team Telemark Racing, please contact Brent Hobbs ([brent@telemarkracers.org](mailto:brent@telemarkracers.org)).



Team Telemark Racers compete at a BC Cup at Larch Hills.





Another exciting season is upon us with Telemark Biathlon. We are continuing to improve our facilities by adding lights and power to the range. This will make safety and the accessibility greater for our athletes as they often train in the dark. We are hoping these upgrades will be completed before the snow flies this season. Come by and check out our lights this season while you are enjoying a night ski.

### **Demo Days & Public Races**

We will be hosting a number of Demo Days and Public Races if you'd like to take that extra step and try your shot on the mat. Instruction is provided and fun is had by all. Last season we had great turn-outs with a lot of locals from all sports giving Biathlon a try. Stay tuned for more info on our website or in the lodge.



### **Biathlon Programs**

Biathlon programs are open for registration on Zone 4. We have the Bears Program for new and younger biathletes, the Biathlon Racing Program for returning, competitive biathletes, and the Master's program for our 'young at heart' biathletes. We have a lot of fun while training on and off snow. This upcoming season is sure to be exciting. We welcome all new interested athletes, so come check us out! There is a place for everyone!





## BC Championships March 2 – 4, 2018



After hosting a successful BC Cup last season, Telemark is hosting the BC Biathlon Championships this season. This will be the final race of the season in the province, giving our biathletes one final chance to qualify for Nationals. We had a great race weekend last season and look forward to this championship, as it is sure to be an exciting event. We encourage you to come out and watch or come out and volunteer to help.

## Whistler Training with the BC Provincial Team

The Telemark Biathlon Race Team spent time in Whistler this summer improving their biathlon skills, learning new skills, seeing old friends and making new ones. These weeks were exhausting and exhilarating and left our athletes ready to jump start the 2017 – 2018 season.

### 2016 – 2017 BC Cup Races

Our team had great success at the BC Cups last season. The team travelled across the province and into Alberta with races in Burns Lake, Whistler, Quesnel, Telemark, and Canmore. Natalie Benoit took all around top Senior Girl in the province, while Makenna Baner took top Junior Girl. Congratulations to all our athletes for a fantastic season.





## Early Bird Season Passes Now On Sale!



We are competing to win the [CCBC Membership Drive contest](#) again this year. Last year we narrowly edged out Caledonia for the impressive CCBC prize package (remember the Christmas silent auction?). **Please help us repeat by purchasing your season pass early, and encourage your coworkers, friends and family to buy a season pass!**

To give you an incentive, Telemark will be making **3 draws** for people who purchase memberships (**only on-line purchases are eligible**) prior to the draw dates.

1. **Kelowna Toyota deluxe detail package**, including complete meticulous hand washing and drying of vehicle exterior, detailed interior cleaning including vacuuming of seats, carpets and floor mats plus cleaning of glass and instrument panel, deodorization of the passenger compartment, and detailed inspection report of vehicle interior and exterior. Approximate retail value \$100. Draw date 11:00 PM Saturday October 7.
2. **MEC Gift Card**. \$100 gift card for anything in stock at MEC Kelowna. Draw date 11:00 PM Tuesday October 31 (end of early bird pricing).
3. **Fischer Twin Skin Pro skis + bindings OR complete youth ski package (skis, boots, bindings, poles)** from Kelowna Cycle. Approximate retail value \$550. Draw date 11:00 PM Friday December 1 (end of CCBC membership contest).

You can now purchase your 2017-18 season pass. Early bird pricing will be available until 11:59 PM Tuesday, October 31. We recommend using the online registration ([click here](#)), but paper registrations are also available ([click here](#)).

**New this year, early bird pricing is only available with on-line registrations.**

**NOTE!** Our Ski League program (bunny rabbit, jack rabbit, track attack, and adventurers) is quickly filling. We only have space for 150 participants and once they are gone they are gone.

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## Help Us Win the Cross Country BC Membership Contest!



## New Societies Act and New Club Bylaws



A new BC Societies Act came into effect on November 28, 2016. The new Act includes provisions to better reflect current practices such as electronic records, on-line meetings and information distribution as well as extensive changes to how societies are permitted to act and protecting the rights of members.

Telemark will transition to the new act at the Annual General Meeting on October 29, 2017. In order to do this, we must update our bylaws to comply with the new act. The members must vote to ratify the new bylaws. You can review the complete package which will be put forth for ratification at the AGM on the web page at <http://telemarknordic.com/new-bylaws-for-ratification/>.

Please address questions and comments to [barry\\_g\\_allen@shaw.ca](mailto:barry_g_allen@shaw.ca) or call me at 250-575-6163.

## Member Communications Process Change

To comply with the new anti-spam legislation, and because it is the right thing to do, we are changing the way we send updates to members. You will receive this newsletter periodically, just like before. However, there will no longer be bi-weekly “mass emails” sent to all members.

You will only receive email notices for major Club news, such as the AGM announcement, 3 to 4 times per year maximum.

If you want to receive regular email updates (maximum one per day), you must sign up on the web page. Scroll all the way to the bottom of the web page and click on “subscribe”. You can unsubscribe yourself from the daily news at any time by clicking the unsubscribe link at the bottom of every email.



## Board of Directors

Role	Contact	Phone	e-Mail
President	Bob Rogers	250 768-7388	<a href="mailto:griffinlabs@yahoo.ca">griffinlabs@yahoo.ca</a>
Vice President	Barry Allen	250 575-6163	<a href="mailto:barry_g_allen@shaw.ca">barry_g_allen@shaw.ca</a>
Past President	Emile Brokx	250 768-0870	<a href="mailto:ebrokx@shaw.ca">ebrokx@shaw.ca</a>
Secretary	Gerry Morrison	250 762-8885	<a href="mailto:smorrison@shaw.ca">smorrison@shaw.ca</a>
Treasurer	Amanda Wright	250 575-5035	<a href="mailto:amandawright@kpmg.ca">amandawright@kpmg.ca</a>
Director at Large, Grants	Clive Gilbert	250 769-4406	<a href="mailto:bcgilbert@shaw.ca">bcgilbert@shaw.ca</a>
Director at Large, Grooming	Phil Klotz	250-762-3993	<a href="mailto:philklotz@telus.net">philklotz@telus.net</a>
Director at Large, Snowshoe Trails	Larry Krar	250 767-3381	<a href="mailto:larrykrar@hotmail.com">larrykrar@hotmail.com</a>
Director at Large and General Manager	Ron Earle	250 212-0704	<a href="mailto:gm@telemarknordic.com">gm@telemarknordic.com</a>
Director at Large, Ski League	Deren Sentesy	250 979-0338	<a href="mailto:derens@gmail.com">derens@gmail.com</a>
Director at Large, XC Junior Racing	Brent Hobbs	250 864-2303	<a href="mailto:brent@telemarkracers.org">brent@telemarkracers.org</a>
Director at Large, Biathlon	Michelle Banser	250-768-0712	<a href="mailto:mjbanser@gmail.com">mjbanser@gmail.com</a>
Director at Large, Special Olympics	Wulf Gerhardt	250 860-7905	<a href="mailto:jwgerhardt79@shawbiz.ca">jwgerhardt79@shawbiz.ca</a>
Director at Large	Lanita Platt	250 300-8919	<a href="mailto:lplatt@alpineacrotech.com">lplatt@alpineacrotech.com</a>

## Programs

Role	Contact	Phone	e-Mail
Head Coach	Adam Elliot	250 859-8464	<a href="mailto:coachadam@telemarkracers.org">coachadam@telemarkracers.org</a>
Ski League	Michelle Kershaw	250 878-4006	<a href="mailto:telemarkskileague@gmail.com">telemarkskileague@gmail.com</a>
School Program Manager	John Scott	250 681-5681	<a href="mailto:telemarkschoolprogram@gmail.com">telemarkschoolprogram@gmail.com</a>
Ski Patrol / Events	Sara Short	250-215-2826	<a href="mailto:sjs68@icloud.com">sjs68@icloud.com</a>
Head Coach, Special Olympics	Garth Vickers	250 762-8476	<a href="mailto:garthvickers@shaw.ca">garthvickers@shaw.ca</a>
Adult Ski School Manager	Chris Harmata	250 492-0170	<a href="mailto:chrisjan@telus.net">chrisjan@telus.net</a>





# KELOWNA



## Premier Official Title Sponsor

We are thrilled to announce Kelowna Toyota as Premier Official Title Sponsor for the Telemark Cross Country Junior Race Team and the Okanagan Elite Ski Team. This is a community driven business which has made a significant financial commitment to support the success of our Telemark athletes. Please support our premier sponsor. **Present your Telemark season pass at Kelowna Toyota's reception desk to access the Telemark special customer experience.**

